

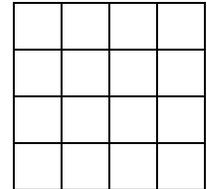
Background Gridwork Fillers

All-Day Hands-on Class, Domestic Machines

Workbook Fee: \$10.00

Supply List:

- One “fabric sandwich” for practice
 - One 40-inch by 40-inch fabric sandwich (or whatever equals the width of your fabric pieces)
(For best results, use solid-colored fabric or muslin for the top and bottom layers, along with batting with a little loft such as Hobbs 80/20, Quilters Dream Blend, low loft polyester, etc. Baste the layers together with safety pins, use temporary spray baste or even Hobbs fusible batting for easy basting.)
 - Mark the practice sandwich into 16 squares as shown at right (each about 10 inches square).
- Sewing machine that allows feed dogs to drop or be covered (for best results, thoroughly clean machine before class)
- Free motion quilting or darning foot for your machine brand
- Make sure you have the necessary parts for your machine to use it in the “flat bed” position and not the “free arm” position (commonly used for sewing a sleeve or pant hem, for example)
- Extension cord
- At least three spools of good quality thread (background quilting uses a LOT of thread):
 - 40 or 50 wt. polyester thread; OR
 - 100% cotton, 50-weight
 - Choose a color that contrasts with your fabric samples
- Bobbins
- Sewing Machine Needles (75/10 and/or 80/20)
- Basic Sewing Kit (scissors, seam ripper, needles, pins, measuring tape, etc.)
- Air or water-soluble pen
- Ruler for marking grid division lines (a rotary cutting ruler is fine)
- Notebook and pencils for personal notes
- Machine quilting gloves, if desired (or gardening gloves with rubber finger tips)
- Pillow or other aid to help you sit higher in your chair (it’s difficult to quilt and hard on your body if the chair is much lower than your sewing machine).



Helpful Hints for Class:

1. Know how to thread your machine and wind bobbins. Understand how to drop your feed dogs and change to a darning or quilting foot.
2. Explore how to manually adjust your sewing machine’s tension *before* coming to class.
3. Bring two or three different spools of thread in case you have difficulty with one type or brand.

4. Have your quilt sandwiches layered and basted (either with safety pins, spray baste, or fusible batting) before coming to class.
5. Dry, “winter” hands make moving the fabric difficult. Try machine quilting gloves or bring hand lotion to keep your hands lubricated.
6. If you have any questions or concerns prior to class, please email me at:
dawn@dawncavanaugh.com.