



# A MOUNTAIN QUILTFEST

PIGEON FORGE ★ TN

**Class:** 40  
**Skill Level:** Confident Beginner  
**Class Title:** Patches of Life  
**Cost:** \$75  
**Instructor:** Laurie Lou Hood  
**Room:** LC: South 1  
**Maximum Students:** 20  
**Date:** June 11, 2026  
**Time:** 8:30 am – 4:00 pm  
**Instructor Email:** louhoodesigns@yahoo.com



## DESCRIPTION

This decorative bed runner pattern is beginner-friendly yet beautiful! The block construction techniques are those straight from the original. Patches of Life quilt pattern, which will be provided in class. Fabric requirements have been adjusted perfectly for this bed runner version.

What makes this project so beginner-friendly? First, we will be learning simple block construction techniques: the method for both triangle-pieced square units and triangle-in-a-square units. The way is ideal for simplicity and efficiency in piecing. Second, the bed-runner size of the project, 72" x 27", allows for adventuring into new skills without an overwhelming commitment to a full-size quilt. Nonetheless, students will be sent home with the original lap and queen-size pattern so they can explore this beautiful design further with the skills and confidence they'll gain in class!

## CLASS INSTRUCTION

### Fabric Placement AND Yardage Requirements:

The **Focus** fabric is a dominant print. Choosing one that features multiple colors to coordinate with is ideal. It's represented as the dark print in *Figure A* below. You will need **¾ yard of your Focus fabric.**

Select one **Background/Border** fabric from a solid or soft blender. It's represented as the white tone-on-tone in *Figure A* below. You will need **1 yard (½ yard for blocks and ½ yard for border) of Background/Border fabric.**

The **Accent** fabrics are **four (A, B, C, & D)** coordinating medium/dark solids/blenders. These are represented as the dark blue, green, rust, and gold in *Figure A* below. You will need **¼ yard EACH of four Accent fabrics.**

Additional yardage needed to complete your project but not necessary for class are: **Binding – ½ yard, Backing – 2 yards, and Batting – approx. 76" x 31".**

**Note: Please bring extra of all fabric needs. This will allow you to relax and continue working if you have a slight "oops".**



### **Student's Fabric Cutting Instructions:**

**Note: "Strips" refers to a strip cut the width of fabric, (approx. 40"-42"), selvage to selvage.**

#### **Focus fabric**

**From (5) 5" strips**

- Cut (36) 5" squares

#### **Background**

**From (1) 11" strip**

Cut (7) 5 ½" x 11" rectangles

**Cut (2) 5 ½" strips**

For Border, Cut (5) 3" strips

#### **Accent A fabric – Used in the center of the runner and the four outer corners**

From (1) 7" strip

Cut (4) 3 ½" x 7" rectangles

Cut (1) 5 ½" x 11" rectangle

Cut (1) 5" square

#### **Accent B, C, & D fabrics**

**From (1) 7" strip OF EACH**

Cut (2) 3 ½" x 7" rectangles

Cut (2) 5 ½" x 11" rectangles

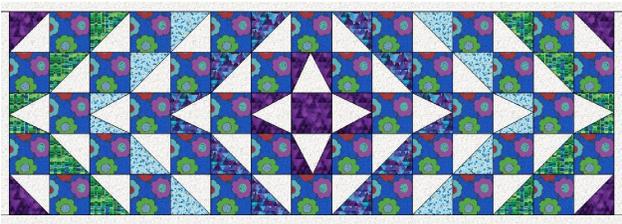
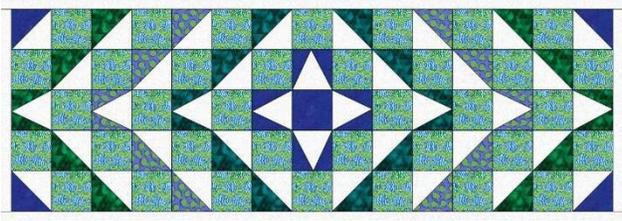
#### **SUPPLY LIST**

- Patches of Life Pattern. This will be provided for you in class and is included in your class fee.
- Sewing machine with manual, power cord and foot pedal
- ¼" presser foot (or what you typically use to achieve an accurate ¼" seam)
- Thread to coordinate with your chosen fabrics
- Extra loaded bobbins
- Extension cord or power strip
- Extra machine needles
- Rotary mat, rotary cutter and extra blades
- Fabric scissors, thread clippers, seam ripper
- Straight pins and pin cushion
- Fabric marking pen or quilter's pencil
- **6" x 12" acrylic ruler or larger**
- **9 ½" Square Up ruler**
- **6 ½" Triangle Square Up ruler**
- **Quilt in a Day Larger Triangle in a Square Rulers**

**Note:** The suggested rulers are all products and can be found at [quiltinaday.com](http://quiltinaday.com), many fabric/quilt shops or other online retailers. **These rulers will be made available by your teacher for students in-class use; however, sharing may be necessary.** Some of these rulers are fairly standard, such as the 6" x 12" or the 9 ½" square up ruler, and any acrylic rotary cutting ruler of similar type will suffice.

This ruler set is essential for the Quilt in a Day triangle-in-a-square piecing method used in this project. It can be found at [quiltinaday.com](http://quiltinaday.com). Your teacher will have some available in class for student use and for sale at a discounted price to students.

**More Samples to Inspire:**



**Coloring blanks for you to play with your color and fabric options!**

